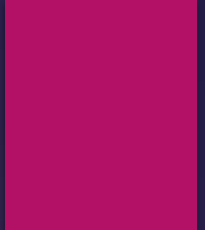




COURAGE TO CONTINUE

CLASS OF 2026 ORIENTATION

# Objectives:



Introduce

Introduce 9th grade students to Shawsheen's mission



Introduce

Introduce 9th grade students to positive behavioral expectations(What are the things we want students to do?)



Highlight

Highlight various unacceptable behaviors(What are the things that we do not want students to do?)



Introduce

Introduce 9th grade students to support staff and additional support resources

# Our Mission...

At Shawsheen Valley Technical High School, it is our mission to provide a **positive learning experience** in a **safe educational environment** that encourages all students to **reach their full potential**, emphasizes the value of a **strong work ethic**, and **prepares them for adult life in a competitive world**.



## Our Mission...

- ▶ Positive learning experience
- ▶ Safe educational environment
- ▶ Full potential of students
- ▶ Strong work ethic
- ▶ *Prep for adult life in a competitive world*

## How We Achieve It

- ▶ Student cooperation and understanding
- ▶ Passionate & qualified staff
- ▶ Supports for students
- ▶ Rules, procedures, and **accountability**
- ▶ Industry/real-world expectations



# Positive Behavior Expectations

## Five Freshman C's

- CARE
- COMMITMENT
- COMMUNICATION
- COOPERATION
- COURAGE



# The FIVE Freshman C's

## Care about...

- ▶ Yourself
- ▶ Each other
- ▶ Your community
- ▶ Your personal success

## Commit to your...

- ▶ Studies (academic and shop)
- ▶ Relationships (peers, family, teammates, etc.)
- ▶ Responsibilities (job, team, club, etc.)
- ▶ Personal goals

# The FIVE Freshman C's

## Cooperate with...

- ▶ Staff, Coaches, Club Advisors, and School Administrators, and you'll be better understood
- ▶ Your peers and friends and you'll be more respected
- ▶ Your family and you might experience less stress and more enjoyment in life
- ▶ Everyone around you and chances are you'll be much more successful

## Communicate with...

- ▶ Your teachers when you need help or simply don't understand something
- ▶ Guidance when you need support of any kind or simply want to talk
- ▶ Parents/Guardians when you are struggling because we can work collaboratively to support you when we know something is wrong

A surreal landscape featuring a tall, black ladder standing in a vast, flat, brownish desert under a sky filled with soft, white clouds. The scene is dimly lit, suggesting dusk or dawn. A semi-transparent purple banner is overlaid across the upper portion of the image, containing the word "COURAGE" in white, bold, sans-serif capital letters. In the top right corner, there is a small, square inset showing a close-up of a pink, fluffy cloud.

COURAGE



# CLASS OF 2026

ASK YOURSELVES...

**HOW WILL WE  
DEMONSTRATE  
COURAGE?**

# Behavior Expectations cont.

- ▶ Speak respectfully to **ALL** adults & peers- CARE
  - ▶ no swearing, no name-calling, etc.
  - ▶ No discriminatory language or harassment (targeting by gender, race, disability, sexual orientation, etc.)
- ▶ Follow directions from staff- COOPERATE
- ▶ Keep your hands to yourself (no pushing, shoving, touching others)- CARE
- ▶ Throw away all trash at lunch & not throwing food-CARE
- ▶ Follow safety rules in shop-COOPERATE
- ▶ Follow rules about cell phones-COOPERATE
- ▶ Respect school property (specifically bathrooms, no vandalism)-CARE
- ▶ No vaping-CARE

# What is Bullying?

Bullying is unwanted, aggressive behavior that involves a real or perceived **power imbalance**. The behavior is **repeated**, or has the potential to be repeated, over time. There is a **clear intent** to harm the victim, socially, emotionally or physically

The real or perceived “imbalance of power,” can be physical, social, or emotional.

Bullying is repetitive behavior; however, bullying can also occur in a single incident if that incident is either very severe or arises from a pattern of behavior.

# What is Cyberbullying?



Cyberbullying is **bullying** that takes place using electronic technology. Electronic technology includes devices and equipment such as cell phones, computers, tablets, iPads, etc., as well as social media sites, text messages, chat, and websites.



Examples of cyberbullying include cruel text messages or emails, rumors sent by email or posted on social network sites, videos or photos, etc. The behavior hurts, humiliates, or harms another person physically or emotionally.



Cyber Bullying can lead to serious harmful outcomes for the victim.



We all feel emotions  
& bullying can cause  
lasting harm.

Support your peers,  
don't tear them  
down. Don't be a  
bystander.

If you see something,  
report it.

# What is Discriminatory Harassment

- ▶ “Harassment” means unwelcome conduct on the basis of gender, gender identity, race, age, color, national origin, disability, or religion that is sufficiently severe, persistent, or pervasive to create or contribute to a hostile environment for the individual at school.
- ▶ Harassment may include insults, name-calling, off color jokes, threats, comments, innuendoes, notes, display of pictures or symbols, gestures or other conduct which rises to the level of a hostile environment.
- ▶ **Your intent does not matter – it is the impact that matters.**
- ▶ Even if you are “joking” with friends, you could be creating a hostile environment for others in that space.

# Responding to Stress & Conflict



## Healthy Strategies

- ▶ Walking away from the conflict
- ▶ Taking a deep breath
- ▶ Reporting concerns to a staff member/trusted adult
  - ▶ Guidance, Dean's office, Administrator, Teacher, Coach, Nurse, etc.
- ▶ Talk to your parents/guardians/family
- ▶ \*Don't react in the moment, wait until you can think and respond appropriately\*

# Tips to Remember for a successful Freshman Transition

Attendance

Positive  
Attitude

Extra-  
Curricular  
Involvement

Class  
Participation

Extra-Help

Homework

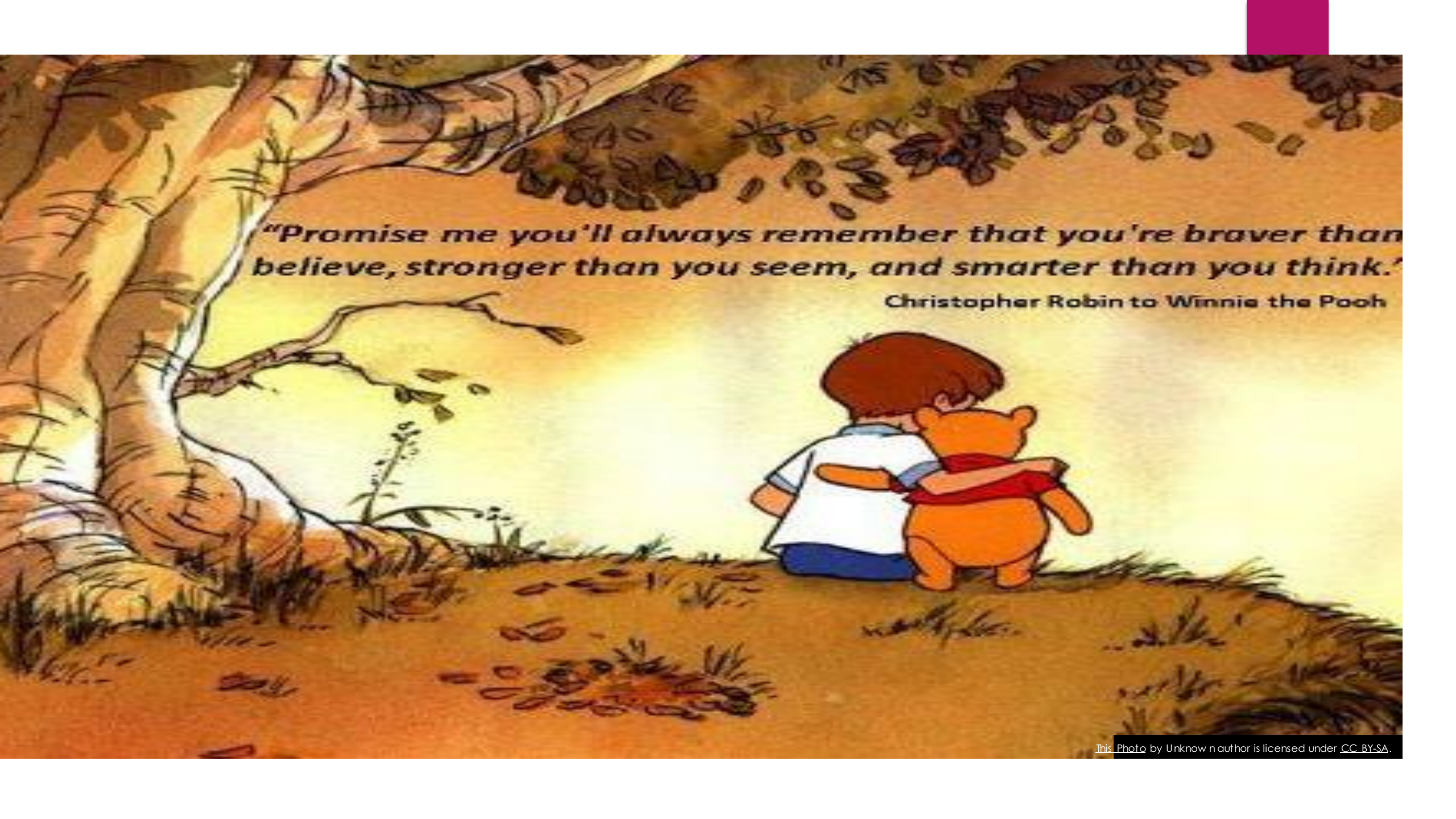
Self-  
Advocacy

Time  
Management



# Resiliency





***"Promise me you'll always remember that you're braver than believe, stronger than you seem, and smarter than you think."***

**Christopher Robin to Winnie the Pooh**

# PRIMARY SUPPORTS AT SHAWSHEEN

GUIDANCE COUNSELOR  
MS. CAIRA

SCHOOL ADJUSTMENT COUNSELORS  
MS. YENTILE & MRS. HOLMES

SCHOOL PSYCHOLOGISTS  
MRS. LUCCI AND MRS. DRISCOLL

Resources are  
available in  
the Guidance  
Office and 501

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National Suicide Prevention Lifeline

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1-800-273-TALK (8255)

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[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

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American Foundation for Suicide Prevention

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[www.afsp.org](http://www.afsp.org)

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Suicide Awareness/Voices of Education

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[www.save.org](http://www.save.org)

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Suicide Prevention Resource Center

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[www.sprc.org](http://www.sprc.org)

## DO YOUR PART TO KEEP SHAWSHEEN A SAFE place:

- Be a friend not a bully
- Think before you act or speak?
  - How will this impact others?
- Learn and discover new things
- Develop new positive relationships
- Disagree respectfully
- Be who you are without judging others



# Alice Response & Fire Drill Reminders

## Fire Drills/Alarms

- ▶ If you hear a fire alarm, calmly exit the building and follow your teacher outside to a safe location – remain there until cleared to enter
- ▶ If you are not in class/shop, calmly exit the building at the nearest location and stay with another teacher/class until cleared to enter – **do not spend extra time in the building reporting back to your class/shop**

## ALICE Response Procedures

- ▶ If there is a dangerous intruder evacuate the building if possible and get away from the danger
- ▶ If evacuation is not possible due to the location of the intruder, barricade the area you are in and remain quiet
- ▶ We will always announce the dates of ALICE drills in advance – no surprise drills



# How will you Make A Difference at Shawsheen?



Give  
Respect



Live with  
Integrity



Be Honest



Show  
Kindness